

Porridge

With various toppings



Number of servings: 2

Prep time: 10 min

Cook time: 5min

Total time: 15 min

Porridge:

- 30g of Oats and 60ml water or 60ml milk (dairy or plant-based)

Topping Ideas:

- Banana and Cinnamon.
- Grated Apple and Pecan.
- Mango and Passionfruit.
- Carrot, Raisins, Cinnamon and Nutmeg.
- Grated Beetroot, Sultanas and Pecans.
- Figs, Cranberries and Almonds.
- Plums and Cinnamon.
- Chocolate and Hazelnuts..
- Pomegranate molasses and Feta.
- Peanut butter and Raspberries.
- Cacao and Coconut.
- Apple and Blackberry.
- Tahini, dates, poppy seeds.
- Vanilla and Ginger.
- Cacao and Avocado.
- Raspberries, Cardamom and Vanilla.
- Cranberries and Orange.
- Mixed seeds, Egg and Spinach.
- Cashews and Turmeric.