



Mixed green bean salad

Ingredients

Serves 4

- 500g French beans
- 250g runner beans
- 1 red onion (finely diced)
- 2 tbsp balsamic vinegar
- 4 tbsp olive oil
- 1 bunch basil
- 20 g parmesan (grated)
- Black pepper



Method

1. Place the finely diced red onion into a bowl of cold water, to take the strong edge away. Leave the onions in the water for 15 minutes before straining.
2. Bring a large pan of water to the boil. Top and tail the French beans and runner beans and chop into 1 inch pieces. Add to the boiling water and cook for 2 minutes. Strain the beans and shock under cold running water until completely cold.
3. In a mixing bowl add the oil and vinegar and mix well. Add the beans along with some fresh black pepper, the torn basil, parmesan and red onion. Mix well and serve